



# BEMBRIDGE PARISH COUNCIL

**The Clerk to the Council,**

5 Foreland Road, Bembridge, Isle of Wight, PO35 5XN

**Tel:** 01983 874160    **Email:** [clerk@bembridgepc.org.uk](mailto:clerk@bembridgepc.org.uk)

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## Small Grant Application Form

Please complete this form as clearly as possible.

Section A Organisation Details		
1	Name of Organisation	Life Education Wessex and Thames Valley
2	Name, address and status of contact (their role within your organisation)	John Clements Administrative Assistant
3	Telephone Number	
	Email Address	
4	Is your organisation a registered charity? If yes, please provide charity number.	Yes 1071094
5	Briefly describe your organisation's activities. Please include your aims and objectives and tell us how long your organisation has been in existence.	<p>LEW&amp;TV is an independent and self-financing charity and delivers the UK's leading health, emotional well-being and drug education Workshops, 'Coram Life Education', to children (aged 3–11 years) across Dorset, Somerset, Devon &amp; Cornwall, Hampshire &amp; the Isle of Wight, and the Thames Valley (Buckinghamshire, Berkshire and Oxfordshire). In the 2023/24 financial year over 74,000 children experienced our workshops with another 43,400 benefitting from online resources available to their schools.</p> <p>Our strap line is '<b>Helping Children Make Healthy Choices</b>' and the programmes address many of today's topical health and wellbeing issues. Our core programmes help children understand:</p> <ul style="list-style-type: none"><li>• how their bodies work</li><li>• what they need to do to look after</li></ul>



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		<p>themselves</p> <ul style="list-style-type: none"><li>• the adverse effects of drugs, including alcohol, tobacco and so-called legal highs</li><li>• and learn the skills and gain the confidence to make and implement healthy decisions</li></ul> <p>We also offer;</p> <ul style="list-style-type: none"><li>• Mental Wellbeing workshops that provide children with the skills and positive mental attitudes they need to be resilient and bounce back from setbacks, help them feel empowered and enable them to identify and articulate their needs and feelings.</li><li>• Relationship &amp; Sex Education (RSE) workshops that help children to be aware of their human/physical/sexual rights and know how to protect themselves or others, as well examining healthy and unhealthy relationships, human reproduction and changes at puberty.</li></ul> <p><b>Why Life Education is so vital:</b> Children and young people face increasing pressure and temptation to damage their health and their futures.</p> <p>Research shows that children who have better health and emotional well-being do better in life – both academically and socially. Children are also facing growing pressures at home, at school and with their friends, leaving many primary school pupils ill-equipped for life at secondary school and beyond.</p> <ul style="list-style-type: none"><li>• 41% of boys and 35% of girls aged 10-11 were either overweight or obese (Source: Office of Health Improvement &amp; disparities 2021/22)</li><li>• 18% of children aged 7-16 were identified as having a probable mental disorder, up from 16% in 2020 (Source: Mental Health of Children and Young People in England 2022)</li><li>• 9% of children aged 8-15 had ever used e-cigarettes or vaping devices, up from</li></ul>
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		<p>7% in 2018 (Source: Health Survey for England 2021)</p> <ul style="list-style-type: none"><li>• 20% of 8-11 year olds who go online say they have seen something worrying or nasty (Source: OFCOM Media Use &amp; Attitudes Report 2023)</li></ul> <p>Early intervention can prevent mental health problems, obesity and substance misuse in children now and in later life and helps to prevent drug and alcohol-related crime and anti-social behaviour. Our work not only benefits children's health and their futures, but also promotes healthier families and safer communities.</p> <p>Life Education workshops empower children with key thinking, learning and social skills to make healthy choices and stay safe online and in the real world. Children graduate with confidence, knowledge and resilience to cope with the stresses of secondary school and life beyond.</p> <p><b>Workshop Delivery:</b> Our workshops can be delivered in either in the schools' own classrooms, in the LifeSpace which is an innovative inflatable classroom, or via SCARF Live Online, which uses ZOOM virtual video technology. Workshops focus on the mental health and wellbeing of children.</p> <p>Schools also have access to <b><u>SCARF</u></b>, a comprehensive, interactive and flexible set of online resources which supports the entire PSHE curriculum.</p> <p>Through our annual visits, children progressively acquire the skills and knowledge to make their own healthy choices in life. As well as helping the children who participate, the benefits of this preventative education cascade out to the wider community, as children who make the right healthy choices grow up to become better citizens and make a positive contribution to society.</p>
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## Section B Project Details

1	Please briefly describe the project, scheme or service for which this grant is intended.	<b>Visit to Bembridge CE Primry school on 2/10/24 for 1 day seeing approx. 192 children.</b>
2	Who will benefit from the project?	Through our annual visits, children progressively acquire the skills and knowledge to make their own healthy choices in life. As well as helping the children who participate, the benefits of this preventative education cascade out to the wider community, as children who make the right healthy choices grow up to become better citizens and make a positive contribution to society.
3	Approximately how many of the people who will benefit are parishioners?	<b>See above</b>

## Section C Funding Details

	Amount of grant requested.	<b>£155</b>
	Please provide an itemised breakdown of the expenditure for this funding request.	<b>Provision of 1 Educator plus Resources for 1 day @ 530/day. School will pay £375 leaving shortfall of £155.</b>
	If the total cost of the project is more than the grant request, how will the shortfall be raised? Please include all other sources of funding you have secured or applied for.	<b>We will pay the difference.</b> Ongoing fundraising activities across the region may have an indirect impact. We seek donations and grants from councils, together with applications to trusts, local community groups, companies and we have our own programme of community fundraising events. <b>We have also applied to IOW Council without reply.</b>
	If your organisation has previously applied for a small grant from Bembridge Parish Council, please provide details of the project, date and amount received.	<b>2023 re. visit to above school</b>



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## Section D Additional Information

1	Please use this section to provide us with any further information you feel is important to the consideration of your claim	
2	<p>Checklist</p> <p>In order to consider your claim for a small grant the following materials <b>must</b> be submitted to Bembridge Parish Council with this completed form.</p>	<p><input type="checkbox"/> A copy of your organisation's constitution / set of rules</p> <p><input type="checkbox"/> A copy of your bank statement or recent accounts</p> <p><input type="checkbox"/> A copy of any quotations as specified in section C1</p>

## Declaration

I certify that, to the best of my knowledge, all the information I have given in this application is correct and understand that any grant awarded and used for any other purpose than that detailed in this application or unused within 6 months must be returned in full to Bembridge Parish Council as set out in the Application Guidelines.

Signed

J [Redacted Signature] A

Name (in capitals) John Clements

Position in Organisation Administrative Assistant

Date of Application 11/9/24

**Please return completed forms to:**

Julia Shorrocks  
Clerk to the Council



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